

Overton Public School  
P.O. Box 310, 401 7<sup>th</sup> St.  
Overton, NE 68863-0310



Mark A. Aten, *Superintendent*  
Brian Fleischman, *Principal /*  
*Activities Director*  
Jody Skallberg, *Counselor*

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www.overtoneagles.org

### Greetings from the Principal's Office

It has been a great start to the new school year. Students remember to keep working hard to achieve great success. Success doesn't fall into your lap; you have to earn it through hard work. Remember that one way to earn success is to complete your homework on time. Thank you everyone for doing your part to continue down your path to success.

#### Upcoming Events:

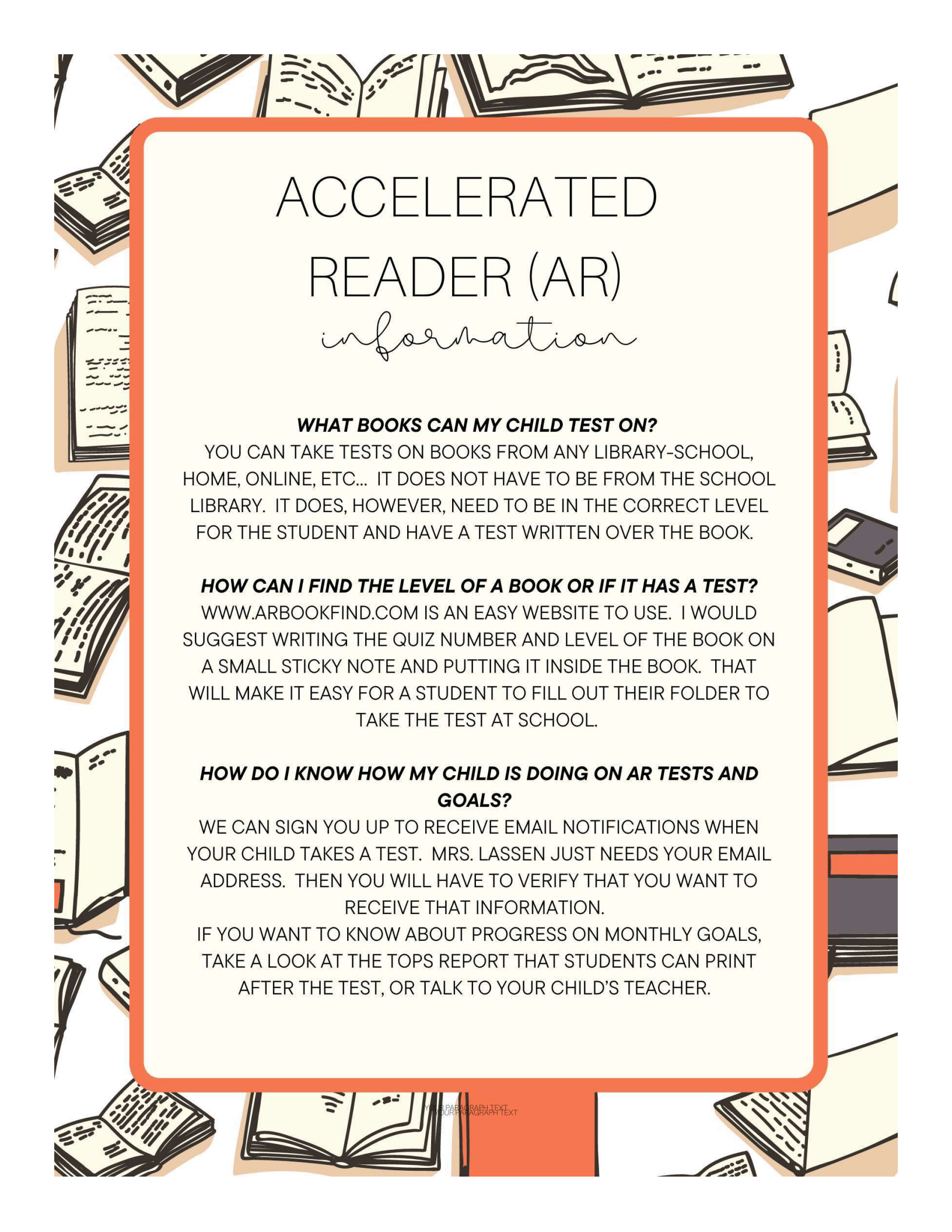
September 18<sup>th</sup>: CC @ Franklin 4:15PM  
September 18<sup>th</sup>: VB @ Brady 5/6/7PM  
September 20<sup>th</sup>: Freshmen to NCTA-Curtis  
September 21<sup>st</sup>: VB @ Hi-Line (Amherst) 5/6/7PM  
September 21<sup>st</sup>: SB @ Kearney Catholic 5:45/7:15PM  
September 22<sup>nd</sup>: FB vs. Central Valley 7PM  
September 23<sup>rd</sup>: VB @ Sutherland 10AM  
September 25<sup>th</sup>: CC @ UNK 2:30PM  
September 25<sup>th</sup>: JH & JV VB/FB @ Amherst 3/5PM  
September 25<sup>th</sup>: SB @ York 5/6:30PM  
September 26<sup>th</sup>: VB vs. Giltner & Shelton 5/6/7PM  
September 27<sup>th</sup>: 11:30 Dismissal (P/T Conf. 12:30-6:30PM)  
September 28<sup>th</sup>: No School – Teacher In-Service (VB vs. Alma & Southwest 5/6/7PM)  
September 29<sup>th</sup>: No School  
September 29<sup>th</sup>: FKC CC @ Overton Golf Course 12:30PM  
September 29<sup>th</sup>: FB @ Elm Creek 7PM  
October 2<sup>nd</sup>: 2:30 Dismissal (JH/JV VB/FB vs. Elm Creek 3/5PM)  
October 2<sup>nd</sup>: SB Sub-Districts TBD  
October 3<sup>rd</sup>: VB vs. Gibbon 5/6/7PM (Cozad VB announced between JV & Var. games) (Senior Night)  
October 5<sup>th</sup>: CC @ Wilcox-Hildreth 1:30PM  
October 5<sup>th</sup>: VB @ Loomis (Ansley-Litchfield) 5/6/7PM  
October 6<sup>th</sup>: FB @ Ansley-Litchfield 7PM  
October 8<sup>th</sup>: Homecoming BBQ 5:30PM  
October 9<sup>th</sup>, 10<sup>th</sup>, & 12<sup>th</sup>: FKC VB Tournament  
October 13<sup>th</sup>: FB vs. Burwell 7PM (Homecoming) (Dance follows games till 12AM)

**StrivTV:** We have moved to Hudl TV to stream our events for the 2023-2024 school year. Live events may be watched on our Hudl TV Channel (<http://www.team1sports.com/highschool/ne/?S=overtoneagles>) or our Overton Eagles Fan page for up to date events and highlights from past games (<https://tinyurl.com/muu4y8hs>). Hopefully this will help us reach more of Eagle Nation throughout the year.

**Attendance & Punctuality:** Good attendance is one of the most important factors in a student's success in school. Students easily fall behind when they are repeatedly absent from school. Taking care of your health by getting a good night sleep, eating properly, and maintaining good hygiene is a great way to help improve attendance. As important as a student's attendance in school is their punctuality to school. Being on time indicates a level of respect for the event you are attending. This could be an appointment or simply being on time to school. The school day begins at 8:05. Thank you for making every effort to be on time to school. Punctuality is a life skill that is becoming lost in society. Let's break this cycle!

Educationally yours,

Mr. Brian Fleischman, Principal/AD  
308-987-2424 x206  
brian.fleischman@overtoneagles.org



# ACCELERATED READER (AR) *information*

## **WHAT BOOKS CAN MY CHILD TEST ON?**

YOU CAN TAKE TESTS ON BOOKS FROM ANY LIBRARY-SCHOOL, HOME, ONLINE, ETC... IT DOES NOT HAVE TO BE FROM THE SCHOOL LIBRARY. IT DOES, HOWEVER, NEED TO BE IN THE CORRECT LEVEL FOR THE STUDENT AND HAVE A TEST WRITTEN OVER THE BOOK.

## **HOW CAN I FIND THE LEVEL OF A BOOK OR IF IT HAS A TEST?**

WWW.ARBOOKFIND.COM IS AN EASY WEBSITE TO USE. I WOULD SUGGEST WRITING THE QUIZ NUMBER AND LEVEL OF THE BOOK ON A SMALL STICKY NOTE AND PUTTING IT INSIDE THE BOOK. THAT WILL MAKE IT EASY FOR A STUDENT TO FILL OUT THEIR FOLDER TO TAKE THE TEST AT SCHOOL.

## **HOW DO I KNOW HOW MY CHILD IS DOING ON AR TESTS AND GOALS?**

WE CAN SIGN YOU UP TO RECEIVE EMAIL NOTIFICATIONS WHEN YOUR CHILD TAKES A TEST. MRS. LASSEN JUST NEEDS YOUR EMAIL ADDRESS. THEN YOU WILL HAVE TO VERIFY THAT YOU WANT TO RECEIVE THAT INFORMATION.

IF YOU WANT TO KNOW ABOUT PROGRESS ON MONTHLY GOALS, TAKE A LOOK AT THE TOPS REPORT THAT STUDENTS CAN PRINT AFTER THE TEST, OR TALK TO YOUR CHILD'S TEACHER.

# ≡ OVERTON BAND NEWS ≡

## Much Marching Band

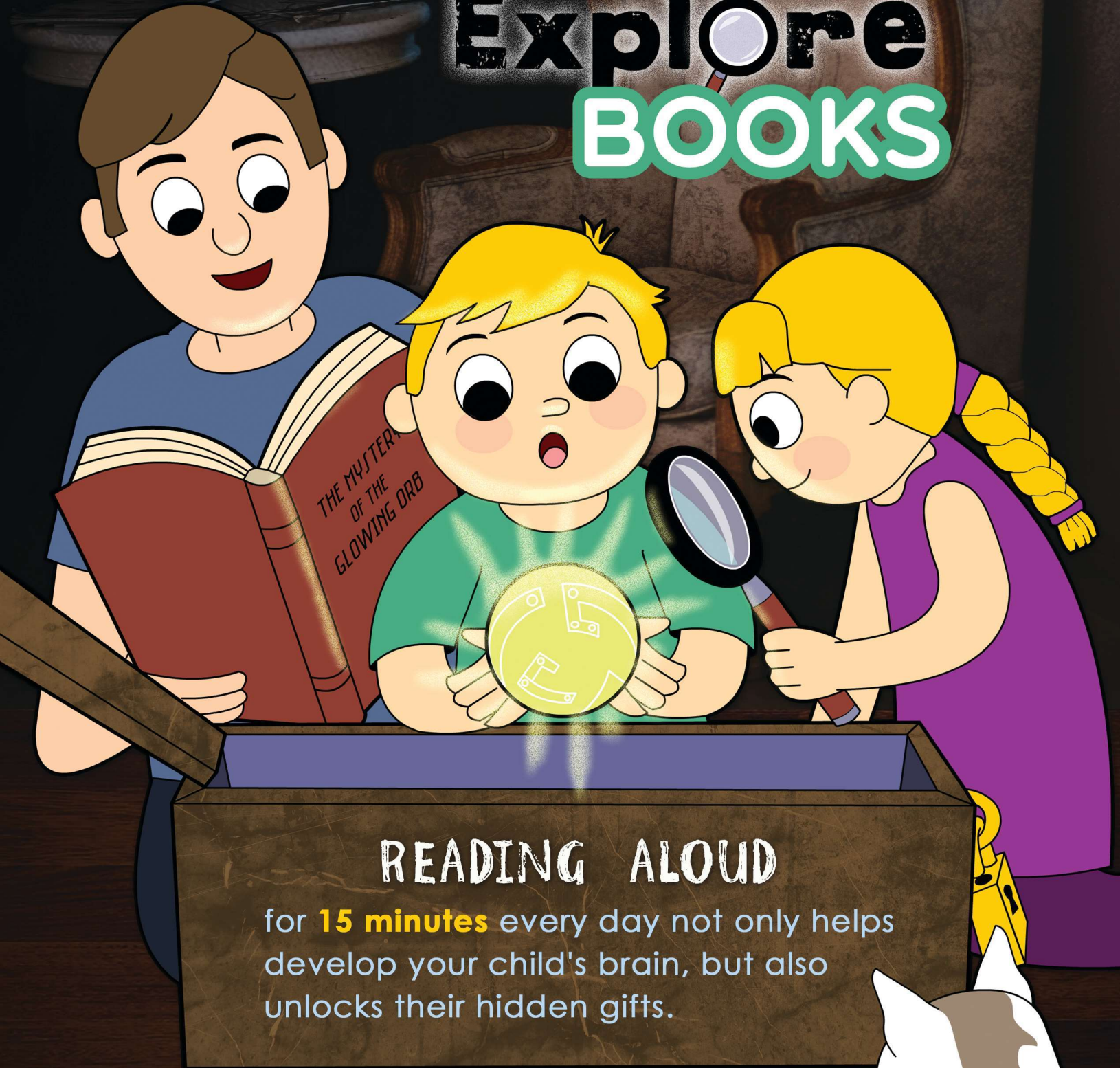
Three high school marching band events are coming up soon on Sep. 30th, Oct. 7th, and Oct. 14th, those being the UNK Homecoming Parade, Harvest of Harmony, and Minden Bandfest. Make sure to support our marching eagles at one or all these events!



## Halloween Concert

This Oct. 30th at 6:30, all the Overton bands from 5th to 12th grade will be performing a Halloween Concert. Students are encouraged to dress up in costumes that do not restrict their ability to play. We hope to have a fun and spooky night!

# Explore BOOKS



## READING ALOUD

for **15 minutes** every day not only helps develop your child's brain, but also unlocks their hidden gifts.

Reading books on subjects that children love gives you something to share and discuss.



Learn more at [ReadAloud.org](https://www.ReadAloud.org)



# GIVE THE GIFT OF READING!



Become a sponsor!



For \$60 you can gift a book to **EVERY** preschool student at **Overton**

With a gift of \$60 dollars, sponsors will be acknowledged with a placard in the book and will have the opportunity to read and present the gift to the preschool class. Looking for sponsors for August-May.



Help promote a love of reading!

**For more information please contact:**

[jpetzet@esu10.org](mailto:jpetzet@esu10.org)  
[jennifer.cordes@overtoneagles.org](mailto:jennifer.cordes@overtoneagles.org)  
[mackenzie.brand@overtoneagles.org](mailto:mackenzie.brand@overtoneagles.org)



# Healthy Steps

September 2023



“It’s better to walk alone than with a crowd going in the wrong direction.” – Author Unknown

## Situational awareness: Are you safe?



It’s not an overstatement to say that WE are distracted by our phones. We all are. In terms of personal safety, it creates a perfect opportunity to stumble into very dangerous situations. Why? Because we are not paying attention to our immediate surroundings. Learning the fundamentals of situational awareness can undisputedly save your life.

For example, if you are walking in an empty parking garage, **first** you need to know where you are in space – near an elevator or stairs, and on

which floor? **Secondly**, pay attention to what is happening around you. Is there noise – a door opening, or footsteps nearby? **Third**, establish a plan - this might include pulling out your phone to call a friend to tell them of your location, thereby possibly spooking the predator, or remotely opening your car door and moving quickly to the vehicle.

That’s why putting away the phone is so important. You need to think on your feet. Walk with your head up, eyes scanning the environment and a mindset dialed into the present. Dangerous people target individuals who are easy prey – distracted, unaware, lost and vulnerable.

## Peer pressure: What is it?

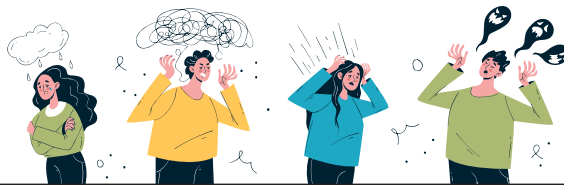
It’s inevitable. As we grow up, we will want to spend less time with family and more time with friends, and recently - more time on social media. While teens may feel they have “grown up,” their brains are still developing. One of the immature (or less developed) functions is judgment.

Teen peer pressure is a complicated influence on judgment. There are different types of peer pressure, negative and positive.

- Positive peer pressure can help teens develop the coping skills necessary for adulthood. It might encourage teens to become more active in athletics or to avoid risky behaviors, which can be especially helpful during tough times.
- Negative peer pressure can lead teens in bad directions. It could lead them to try alcohol or drugs, skip school or engage in other poor behaviors that could put their health at risk.

It’s not always easy to resist negative peer pressure, but when you do, it is easy to feel good about it afterward. And you may even be a positive influence on your peers who feel the same way – often it just takes one person to speak out or take a different action to change a situation.

## 988 Suicide & Crisis Lifeline



September is National Suicide Prevention Awareness Month. Suicide is the 10th leading cause of death among adults in the U.S. and the 2nd leading cause of death among people aged 10-24, and these rates are increasing. Suicide leaves behind friends and family members to deal with the tragedy of loss.

If you or someone you know is struggling, **DIAL 988**. Help is available 24 hours a day.

## fun fact



Carrots were originally purple, not orange. You can still find delicious purple carrots around, even though they’re not the most popular version.



Why is the math notebook sad?  
*Because it has a lot of problems.*



“Nothing in the world can distract you unless you give permission for the distraction to occur.” — Author Unknown





“Es mejor caminar solo que con una multitud yendo en dirección equivocada.” – Autor Desconocido

## Conciencia Situacional – ¿Esta Seguro(a)?



No es una exageración decir que NOSOTROS estamos distraídos por nuestros teléfonos. Todos estamos. En cuestión de seguridad personal, crea la oportunidad perfecta para tropezarnos con una situación muy peligrosa. ¿Por qué? Porque no estamos prestando atención a nuestros alrededores inmediatos. Aprender los fundamentos de conciencia situacional puede sin duda salvar su vida.

Por ejemplo, si está caminando en un estacionamiento vacío, primero debe de saber en dónde está – ¿cerca de un elevador o escaleras, y en que piso? En segundo lugar, preste atención a lo que está sucediendo alrededor de usted. ¿Hay ruido — una puerta abriendo, o pasos cercanos? **Tercero**, establezca una plan – esto puede incluir sacar su teléfono para llamar a un amigo(a) y dejarles saber su ubicación, así posiblemente espantando al depredador o remotamente abriendo la puerta de su vehículo y moviéndose rápidamente hacia el vehículo.

Por esa razón guardar el teléfono es tan importante. Necesita pensar al instante. Camine con la cabeza en alto, ojos escaneando el ambiente y una mentalidad conectada en el presente. La gente peligrosa elige individuos que son presa fácil – gente distraída, inconsciente, perdida – y vulnerable.

## Presión Social: ¿Qué es y Quien está a Riesgo?

Es inevitable. Así como crecemos, queremos pasar menos tiempo con familia y más tiempo con amistades, recientemente – más en las redes sociales. La presión social adolescente es un tema complicado. Mientras los adolescentes piensan que “han crecido/madurado,” su cerebro aún está desarrollándose. Una de las funciones inmaduras (o menos desarrolladas) es el juicio.

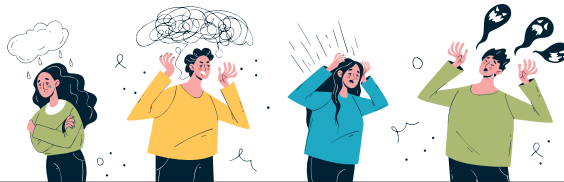
También existen diferentes tipos de presión social, negativa y positiva.

- La presión social positiva puede ayudar a los adolescentes a desarrollar capacidades de afrontamiento necesarias para la edad adulta. Puede motivarlos a ser más activos en deportes o a evitar comportamientos de riesgo, los cuales pueden ser especialmente beneficiosos durante tiempos difíciles.
- La presión social negativa puede llevar a los adolescentes en malas direcciones. Puede llevarlos a probar alcohol o drogas, faltar a clase o participar en otros comportamientos malos que pudieran poner su salud a riesgo.

No es siempre fácil resistir la presión social negativa, pero cuando lo haces, es fácil sentirse bien después. Y hasta puedes ser una influencia positiva para tus compañeros que sienten lo mismo — frecuentemente solo toma que una persona exprese su opinión o tome una acción diferente para cambiar una situación.



## MARQUE 988 Prevención del Suicidio



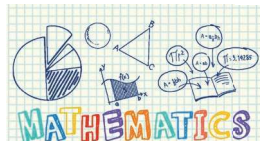
Septiembre es el Mes de la Concienciación Nacional de Prevención del Suicidio. El suicidio es la 10ma (décima) causa principal de muerte entre adultos en los E.U.A y la 2da (segunda) causa principal de muerte entre gente de 10-24 y estas cifras están incrementando. El suicidio deja atrás a amigos y familiares a lidiar con la tragedia de su pérdida.

Si usted o alguien que usted conoce está luchando/batallando, **MARQUE 988** – ayuda disponible 24 horas al día.

## Dato CURIOSO



Originalmente las zanahorias eran moradas, no anaranjadas. Aun puede encontrar zanahorias moradas deliciosas, aunque no son la versión más popular.



¿Por qué está triste el cuaderno de matemáticas?

*Porque tiene muchos problemas.*

“Nada en el mundo puede distraerte al menos de que tú des permiso para que la distracción ocurra.” — Autor Desconocido

Harvest of the Month NEBRASKA

# APPLES

Our Nebraska Harvest of the Month item is apples! Apples in Nebraska are harvested from August to November, and if properly refrigerated, they can store for as long as 4 months! Some varieties are a hit when crunched into raw and others best baked with spices. Try adding thinly sliced apples to a sandwich, or add diced apples to a fresh salad.

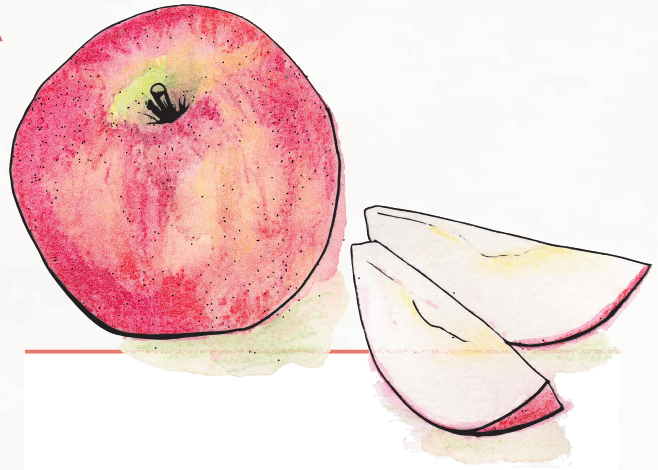
## SELECTION, STORAGE & COOKING

- Stored properly, apples can last for months. Keep at about 32 degrees, 90% humidity, and in the dark.
- Apples release a natural gas called ethylene that triggers other fruits like bananas, avocados and peaches to ripen. To prevent rapid ripening, apples are best stored separately from other fruit.

## NUTRITIONAL TIP

Apples are a great source of fiber, vitamin C and potassium. Most antioxidants and fiber are found in the skin of an apple.

## SEASONAL AVAILABILITY



## FRESH APPLE SALSA

### Ingredients:

- 2 cups diced apples
- 1/2 cup diced red bell pepper
- 1/3 cup fresh lime juice
- 1/4 cup diced red onion
- 1/4 cup minced fresh cilantro
- 1 TBL honey
- 1/4 tsp salt
- 1/4 tsp freshly ground black pepper
- 1 jalapeño pepper, seeded and minced

### Directions:

Combine all ingredients in a bowl, and let stand for at least 30 minutes. Use this as a condiment on your favorite taco recipe, or serve alongside pork, chicken or rice dishes.

From: [www.myrecipes.com/recipe/fresh-apple-salsa](http://www.myrecipes.com/recipe/fresh-apple-salsa)

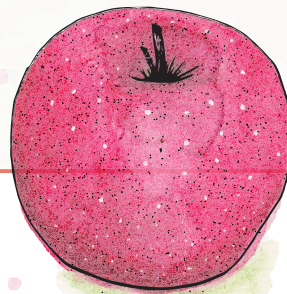


LEARN MORE ABOUT HARVEST OF THE MONTH

[www.education.ne.gov/ns/farm-to-school/harvest-of-the-month](http://www.education.ne.gov/ns/farm-to-school/harvest-of-the-month)



# FUN WITH APPLES



## CONDUCT AN AT HOME APPLE TASTE TEST!

Grab two or more different types of apples and conduct an at home taste test!

1. Talk as a group about what senses you will use during this taste test (smell, sight, feeling, taste) and come up with a list of descriptors or adjectives to potentially describe the apples. An example list could be:

TART	LIGHT	SWEET	GRAINY
CRUNCHY	FRAGRANT	JUICY	DRY
ACIDIC	DELICATE	THICK-SKINNED	YELLOW

2. Cut apples into slices and put one variety per plate. Write the variety of apple on a piece of tape or paper and keep with the plate.
3. Have everyone in your group sample a slice and share what tastes, smells, sights, and feelings they are experiencing. Have a note taker write down everyone's responses on a sheet of paper.
4. Repeat for as many varieties as you have.
5. After you've tasted all varieties, go back and vote on your favorite.



## APPLE TRIVIA

Have you ever bobbed for apples? Apples float because they are less dense than water, in fact air makes up about \_\_\_\_ of an apple's volume.

- A. 0%
- B. 25%
- C. 50%
- D. 75%



Answer: B.

## APPLE TRIVIA

Don't toss the \_\_\_\_! Much of the fiber and antioxidants in apples are found in the \_\_\_\_ of the apple, so the next time you eat one, eat it \_\_\_\_ and all!

- A. Seeds
- B. Stem
- C. Peel

Answer: C.

**MINUTES OF THE OVERTON PUBLIC SCHOOL BOARD OF EDUCATION**  
**REGULAR MEETING**  
**September 11, 2023**  
**7:30 p.m.**

**Board President called the meeting to order. Members Present:**

Brennan  
Jeffries  
Lassen  
Meier  
Rudeen  
Walahoski

**Notification:** The September 11, 2023 meeting of the Overton Public School Board of Education was posted at the Overton Public School, on the Overton Public School website, Beacon Observer, Overton Post Office, and the Security First Bank.

**Open Meetings Information:** To be in compliance with LB 898, The Nebraska Open Meetings Act, Board President informed the public that a copy of the Open Meetings Law is posted near the LMC check-out counter.

**Administration Present:** Mark Aten, Superintendent, Brian Fleischman, Principal.

**Guests Present:** Juliana Loudon.

**Public Comments:** No Public Comments.

**Reports:** No Reports.

**Communications:** No Communications.

**Other:** None.

**Action Items:**

1. **Agenda:** Moved by Brennan, seconded by Jeffries to approve the agenda of the September 11, 2023 regular monthly board meeting as presented. Discussion: Discussion was limited as there were no changes made to the agenda. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).
2. **Minutes:** Moved by Jeffries, seconded by Walahoski to approve the minutes of the August 14, 2023 regular board minutes and the September 6, 2023 Budget of Expenditures hearing minutes as presented. Discussion: Discussion was limited as there were no corrections made to the minutes. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).
3. **Claims:** Moved by Brennan, seconded by Meier to pay the September General Fund bill roster in the amount \$18,300.15. Discussion: Superintendent provided additional information on several of the bills. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).
4. Moved by Lassen, seconded by Jeffries to approve the 2023-2024 Budget of Expenditures as advertised. Discussion: No discussion. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).

5. Moved by Lassen, seconded by Brennan to approve the 2023-2024 Tax Request Resolution #2324 as advertised. Discussion: No discussion. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).
6. Moved by Rudeen, seconded by Jeffries to approve the Overton Education Association (O.E.A.) as the official bargaining agent of the non-supervisory certificated staff for the 2025-2026 school year. Discussion: This is the first step in the negotiations process. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).
7. Moved by Meier, seconded by Rudeen to adjourn the meeting at 8:47 p.m. Discussion: Limited discussion as the board agreed it was time to adjourn. Motion carried 6-0. Voting Yes (6): Brennan, Jeffries, Lassen, Meier, Rudeen, and Walahoski. Voting No: (0). Absent (0).

**Board Reports and Discussion Topics:**

1. **Board Reports:**
  - a. Negotiations: Process begins in September
2. **Discussion Topics:**
  - a. October meeting is scheduled for Wednesday, October 11, 2023 beginning at 7:30 p.m. in the LMC.
  - b. Special Building Fund

**Administrative Reports:**

**Principal's Report:**

- a. Calendar update
- b. Enrollment update
- c. Math curriculum implementation update
- d. Staff schedule

**Superintendent's Report:**

1. Enrollment Option Report
2. Option Enrollment -
  - Out:
    - a.
  - In
    - a.
  - Change of Status
    - a.
3. Financial Information
4. Budget Review
5. Food Program Update
6. Instructional Units and Rule 10
7. HVAC Update



# October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Cheer 6PM.	2 2:30 dismissal. One-act 6:45AM. Student Council mtg. @ lunch. JH VB/FB vs. Elm Creek 3PM. JV VB/FB vs. Elm Creek 5PM. FFA mtg. 7PM. SB Sub-Districts TBD.	3 One-Act 6:45AM. VB vs. Gibbon 5/6/7PM (Senior Night). Cozad VB announced between JV & VAR games.	4 One-Act 6:45AM. eSports 6:30AM. FCA 7:30AM. FFA Land Evaluation @ Curtis.	5 One-Act 6:45AM. CC @ Wilcox-Hildreth 1:30PM. (Franklin) (JH/HS). VB @ Loomis 5/6/7PM (Ansley-Litchfield).	6 eSports 6:30AM. Literacy Day @ Concordia University (7th grade). SB Districts TBD. FB @ Ansley-Litchfield 7PM.	7 JH/JV VB @ Ansley-Litchfield Tourney 9AM. Harvest of Harmony Parade.
8 Dance 4PM. Homecoming BBQ 5:30PM.	9 One-Act 6:45AM. FKC VB @ Top 2 Seeds 5/6/7PM.	10 One-Act 6:45AM. FKC VB Semi-finals @ Kearney Catholic 6/7:30PM (880 KRVN).	11 One-Act 6:45AM. eSports 6:30AM. FCA 7:30AM. Picture retakes. State SB @ Hastings. Two Rivers Flu shot Clinic 2PM. School Board mtg. 7:30PM.	12 One-act 6:45AM. Two Rivers Dental Clinic 8:30AM. State SB @ Hastings. FKC VB Finals & Consolation @ Kearney High 6/7:30PM (880 KRVN). CC Districts @ Cambridge.	13 End of 1st Quarter. eSports 6:30AM. State SB @ Hastings. FB vs. Burwell 7PM. Homecoming, Pep Rally 1pm. (Senior Night) (Dance 9:30-12AM).	14 Minden Band fest. FFA Hayrack Rides 6PM.
15 Dance 5PM. Cheer 6PM.	16 One-Act 6:45AM. FCCLA mtg. 6:30PM.	17 One-Act 6:45AM. Senior Class Picture Day.	18 One-Act 6:45AM. eSports 6:30AM. FCA 7:30AM. FCCLA District Conference @ North Platte.	19 NO SCHOOL. 1st round FB Playoffs. VB @ Kearney Catholic 5/6/7PM.	20 NO SCHOOL. State CC @ Kearney.	21
22 Dance 5PM. Cheer 6PM.	23 One-Act 6:45AM. VB Sub-Districts @ TBD.	24 One-Act 6:45AM. VB Sub-Districts @ TBD.	25 One-Act 6:45AM. eSports 6:30AM. FCA 7:30AM. FFA State Land Evaluation.	26 One-Act 6:45AM.	27 eSports 6:30AM. 2nd Round FB Playoffs.	28 ACT Test Date @ Overton. VB District Finals.
29 Dance 5PM. Cheer 6PM.	30 One-Act 6:45AM. Sophomores to CCC-Hastings. Halloween Concert 6:30PM.	31 One-Act 6:45AM.				

# October

# 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Alternate: Egg Roll	2 Breakfast cookie & ham Calzone	3 Cereal bar & combo Shredded pork sandwich	4 Chocolate chip muffin & eggs Chicken fried steak	5 French toast & sausage Corn dogs	6 Egg & sausage tornado Cheese pizza	7
8 Alternate: corn dog *Homecoming week!*	9 Little John & sausage Chili & 3 Sisters Chili	10 Breakfast on a stick Mexican food- PreK-4- crisritos. MS/HS- tacos , fiestada	11 Waffles & ham Chicken patty sandwich	12 Cinnamon roll & eggs Goulash	13 Banana muffin & yogurt Eagle Pockets (ham & cheese)	14
15 Alternate: chef salad	16 <b>Breakfast casserole &amp; toast</b>	17 Bagel & combo Chicken pot pie	18 Sausage biscuit Breakfast for lunch: French toast	19 No School	20 No School	21
22 Alternate: hamburger	23 Funnel cake & eggs Chicken drummies	24 Breakfast pizza <b>Manicotti w/ meat sauce</b>	25 Poptart & ham Potato soup	26 Apple frudel & yogurt Egg Rolls	27 Donut holes & omelet Pigs in a blanket	28
29 Alternate: pizza	30 Pancakes & omelets Fish sandwich	31 Halloween menu				*Overton Public School is an equal opportunity provider.*
<b>Menu is subject to change.</b>				Breakfast is served with fruit and milk. Lunch served with choice of fruit, vegetable and milk.		